

Lulu`s Family Recipes

Lisa`s Meatballs

Lisa Gehl

Just my own version I came up with for meatballs that goes with pasta.

- 2 lbs. ground beef
- 2 eggs
- 1/4 cup bread crumbs
- 1 Tablespoon Italian seasoning
- 1 Tablespoon basil
- 1 teaspoon fennel seed
- 1/2 teaspoon garlic powder
- 1/2 teaspoon thyme
- 2 Tablespoon red wine
- 1 Tablespoon balsamic vinegar
- 1/8 teaspoon black pepper
- 3 Tablespoons Parmesan cheese
- 1 teaspoon salt

Mix all ingredients together thoroughly and shape into meatballs 1-1 1/2 inches. Heat in skillet with 2 Tablespoons olive oil. Cover and occasionally turn every few minutes until done, about 15-20 minutes.

