

SAMSSites Recipes

Napolito Chili

Made it up

Started using napolitoes in recipes and thought it would be good in chili with Mexican corn bread

- 1 napolito leave
- 1 onion
- 1 green pepper
- 2 large garlic cloves
- 2 tablespoons of corn oil
- 2 cans of diced tomatoes
- Hot Mexican chili pepper powder
- Cayenne pepper
- Crushed red peppers
- 1 can of kidney beans
- corn flour



Clean napolito leave by running a knife backward to scrape off any pricklers. Cut off edge and clean in water. Chop napolito. Then chop onion, garlic and green pepper. Heat in corn oil until onions are transparent and napolito is soft. Add tomatos and a can of water. Add chili power, cayenne and crushed to taste. Cook for about an hour. Add kidney beans. mix about 2 tablespoons of corn flour with 1/2 cup of water. Add to chili. Serve with Mexican corn bread.