

SAMSSites Recipes

Almond Honey Cake

Internet

Looking for clean gluten-free recipes. This one is really good.

- 1-3/4 cups of roasted almonds
- 4 eggs separated. Use at room temperature
- 1/2 cup of honey
- 1 teaspoon of vanilla extract
- 1/2 teaspoon of baking soda
- 1/2 teaspoon of salt
- 1 tablespoon of honey for topping
- sliced almonds for topping
- spring-form pan
- parchment paper



Preheat oven to 350 degrees. Cut parchment paper to cover bottom of spring-form pan. Spray pan and paper with oil spray. Process almonds to a powder. Blend egg yolks, honey, vanilla, baking soda and salt. Then add the almond and blend again. In a larger bowl beat egg whites but not quite to a steep peaks consistency. Fold into almond mixture. Pour into spring-form pan. Bake from 25 to 28 minutes. It is done when toothpick comes out clean.

